

SCPB NEWSLETTER

SUMMER LADDERS

Morning Ladder

The SCPB Club Summer ladder captained by Taffy Goldman will be begin in May on Saturdays at 6:30 am. All levels are welcome, both male and female. You don't even need to have a partner. Games are played in a round-robin format. Watch for a SCPB Club flyer for more information. Sign-up starts May 1st. Members only. Contact SCPDSL25@GMAIL.COM.

Evening Ladder

Our Pickleball Club is also offering an organized summer evening ladder for all levels. Players will be matched with others of similar skill level. Games start at 5:30 pm, every Wednesday. You must be a club member in order to participate. To sign up or learn additional details, call: Art Carapia Cell/Text (760) 390-0652 Email: ac4000@gmail.com.

New Desert Pickleball League 2025-26

Our Pickleball Club is actively considering entering a new desert pickleball league next season beginning in January. A new 70's team may be included. **Watch for a survey in May.** More information will be presented in October.



Rock and Roll Dance

Another smash hit for our pickleball club! Kudos to all that helped create this end of the year fun event. A special call out to Sandy Berk, our Vice-President of Events whose creativity and organizational skills are second to none!



April Mixer Filled the Courts

The last Mixer of the season proved to be a huge success! Topped off by a great lunch from Marios and ice cream sundaes, everyone truly enjoyed themselves.

GUESS PASSES DO'S AND DON'TS

- Availability: Guest passes can be obtained at the Mountain View Clubhouse Administration desk from 8:30 AM to 4:30 PM, Monday through Friday.
- Usage: These passes allow guests staying with or visiting a resident to use the Fitness Centers, pools, and the **Racquet Sports Complex** without needing to be accompanied by the resident. However, they are not intended for friends living outside Sun City to use the facilities regularly.
- Accompanied Guests: If a guest is with a resident while using the facilities, a pass is not required.
- Cost and Format: The passes cost \$50 and are now issued as green plastic swipe cards, replacing the old white paper punch cards. If you still have an old card, it can be replaced with a new guest pass at no charge.
- Validity: The new cards do not expire and are valid for all of the homeowner's guests.
- Purchase Requirements: The guest pass must be purchased by the homeowner of record.
- Lost Passes: Lost passes are non-refundable, and a replacement card will need to be purchased

I REALLY DON'T DRILL THAT OFTEN

If you are one of those people try focusing on **doing a few simple things with maximum intention** every time you hit the court.

✅ **Turn your warm-up into a training session** – Instead of casually dinking, structure your warm-up with purpose. Start with dinking down the line, then crosscourt. Move into drop shots, resets, and fast hands firefights at the kitchen before working on serves and returns. Every shot gets attention before the game even starts.

✅ **Play games that force skill development** – Instead of just rallying, incorporate drills **inside** your games. Play skinny singles to refine placement, work on resets under pressure by intentionally speeding up attacks, and practice cat-and-mouse points at the kitchen to sharpen your soft game.

✅ **Pick one focus per session** – Every time Black steps on the court, she works on one specific skill—whether it's refining her drop shot, improving her flick speed-ups, or